SUPERIOR Child Care MENU

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Snack	Diary Fruit Grain	Scrambled Eggs, Tomatoes & Toast	Cottage Cheese, Crackers & Milk	Toast with Sun Butter & Bananas	Bacon, Applesauce & Muffin	Yogurt, Blueberries & Granola	Sausage Links, Cheerios & Oranges	Panckakes, Strawberries & Milk
Lunch	Dairy Protein Grain Veggie Veggie	Pasta, Cheese, Avocado & Veggies	Fruit, Egg, Avocado & Pita Bread	Chicken, Rice, Peas & Pumkin Soup	Pasta, Potatoes & Strawberries	Grilled Cheese, Veggies & Dip	Meatballs, Pasta & Mixed Veggies	Pita Bread, Salami, Hummus & Fruit
Afternoon Snack	Diary Fruit Grain	Mozarella Cheese, and Carrots	Fresh Fruit in Ice Cream Cone	Apple & Cheese Boats	Banana and melted chocolate	Pretzels and Fresh Grapes	Fruit & Cheese Kebob	Celery Sticks, Sun Butter and Fruit

GRAINS:	PROTEIN:	DAIRY:	FRUIT:	VEGETABLES:	SUPPLIES:	OTHER:
Cheerio's	Sousage Links (Frozen)	Milk (2%)	Oranges	Grape Tomatoes	Dishwasher Soap	Syrop
Pancake Mix	Eggs (2 Dozen)	Milk (Whole)	Strawberries	Mixed Veggies (on sale)	Liquid Dish Soap	Jam
Bread x 2	Cottage Cheese	Colby Cheese Block	Banana	Avocado	Colorx Wipes	Tomatoe Sauce
Ritz Crackers	Sun Butter	Grated Cheese	Applesauce	Cucumber	Toilet Paper	Ranch
Mini Muffins (or mix)	Bacon	Butter Sticks	Blueberries	Peas	Paper towells	Ketchup
Granola	Meatballs	Yogurt	Grapes	Pumpkin Soup	Hand Soap	Chocolate Melt
Pasta (Whole Wheat)	Hummus	BabyBell Cheese	Froxen Mixed Fruit	Baby Potatoes		Kebob Sticks (small & large)
Pita Bread	Salami		Apples	Olives		Fruit Snacks
Rice Pilaf box	Chicken Breast			Celery		Animal Crackers
Ice Cream Cones				Carrots		Gold Fish
Pretzel Sticks						Salt
						Vinegar
						Baking Soda
						Food Coloring