

# *Our Typical Daily Schedule*

**8:30 AM – Check-in and Welcome** *Start the day with a warm smile!*

**9:30 AM – Breakfast** *Fueling little bodies for a day of adventure!*

A nutritious breakfast to energize children and prepare them for the day's activities.

**10:00 AM – Structured Activity** *Learning and creating together!*

Engage in a planned activity such as arts and crafts, storytelling, or group games to spark creativity and teamwork.

**10:30 AM – Outdoor Play** *Let's embrace the magic of the outdoors!*

Enjoy outdoor fun free play. During the winter extra warm and waterproof gear is required!

**12:00 PM – Healthy Lunch** *A delicious midday meal to nourish growing minds and bodies.*

A balanced, wholesome lunch to keep children happy and focused for the rest of the day. Mountain Juice (Pedialyte) is prepared for travellers.

**12:45 PM – Nap/Rest Time** *Relax, recharge, and refresh!*

**3:00 PM – Snack** *A little pick-me-up for more fun ahead!*

Healthy and delicious snacks to recharge for afternoon activities.

**3:30 PM – Small Group and/or Bouncehouse Fun**

Kids can choose from a variety of toy bins for sensory play, fine motor skill practice, art or burn off energy, laugh, and play in the bounce house.

**4:30 PM – Check-out** *Homeward bound with happy memories!*

Parents pick up their little ones, who are ready to share stories about their fun day.